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[Looksmax] The most EFFECTIVE thing you can do to your skin. QUICK DAMATIC RESULTS+AT HOME+CHEAP

Thread Modes

Hellobye
Newbie

Posts: 23
Threads: 1
Joined: Mar 2018
Reputation: 27

03-07-2018, 01:01 AM (This post was last modified: 03-07-2018, 11:24 PM by Hellobye.) #1

----->divnochok.ru/images/pilingi/sr.pil.3.png <------ TYPICAL RESULTS

After substantial studying of chemical peels both reading literature and self applying,

The modified jessner+TCA peel is the the golden standard of chemical peel to radically change your skin. This is what PLASTIC SURGEONS used to do before lasers and would cost thousands of dollars for 1 treatment.

According to literature, this is a SAFE and EFFECTIVE peel. Scarring has been recorded to be RARE; I have used several times and the results are unbelievable.

This is the lightest peel you can do that actually BOOST collagen substantially. no other peel, besides phenol, is able to do this. Even yearly use of retinA 0.1% does not come close in collagen building.

100s of studies have been published about this peel, and it still remains the best non-laser cosmetic skin procedure.

This is the DEEPEST peel you can do, before going into PHENOL peels, which are really hard to buy and unsafe.

BASICALLY buy a 60 percent glycolic solution, and a 35 percent TCA solution, available from AMAZON. Put ONE Layer the glycolic solution first for 2 minutes and wash off, and then put ONE layer of the TCA solution until significant frosting (skin turns white)is observed.
*Note, if you want you can instead by a jessner solution instead of the glycolic solution. Studies show that they both have the same result in the final outcome.

Wash everything off, moisturize, AND STAY OUT OF THE SUN FOR 2 WEEKS.

For ethnics, you might want to consider using hydroquinone a month before/after the peel.

FOR BEGINNERS: I would suggest doing just a 25 percent percent peel every 2 months to start off, before going to this peel.

ANYTHING ABOVE THIS IS DANGEROUS.

What to expect: -More even tone skin
-Fine lines, wrinkles decreased

-better texture
-reduction of acne scars/marks
-A natural glow
-Increase collagen production, lasting up to 6 months

I highly recommend reading through this, especially 7.7 onwards which detail the procedure:
eknygos.lsmuni.lt/springer/93/59-67.pdf

Find Reply

burakthechad
Senior Member

Posts: 436
Threads: 73
Joined: Nov 2017
Reputation: **492**

03-07-2018, 02:09 AM #2

Kek i dont want to turn into black skin after this. Cant trust you boyo

>1 Post
>1 message

Pick one

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Hellobye
Newbie

Posts: 23
Threads: 1
Joined: Mar 2018
Reputation: **27**

03-07-2018, 02:09 AM (This post was last modified: 03-07-2018, 02:24 AM by Hellobye.) #3

> **Quote:**
>
> Kek i dont want to turn into black skin after this. Cant trust you boyo
>
> >1 Post
> >1 message
>
> Pick one

Pick these studies instead
aestheticsjournal.com/feature/medium-and-deep-chemical-peels
ncbi.nlm.nih.gov/pubmed/7600705
ncbi.nlm.nih.gov/pubmed/19730318
ncbi.nlm.nih.gov/pmc/articles/PMC2921757/
ncbi.nlm.nih.gov/pubmed/17166210
ncbi.nlm.nih.gov/pmc/articles/PMC2800869/

I'm in med school, I know my shit

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Hellobye
Newbie

Posts: 23
Threads: 1
Joined: Mar 2018
Reputation: **27**

03-07-2018, 02:27 AM #4

> **Pinhead Wrote:** (03-07-2018, 02:22 AM)
>
> absolutely fucking L M F A O at doing this at home my nigger holy shit lmfao im dyinnnnnnnnnnnnnnnnnn **@AnorexicNarcy**
>
> the peel is legit but you need good systemic health and NEVER do peels of that concentration at home

This peel, according to ALL literature is a medium and safe peel. It has been reported that tca concentration above 45% can cause damage, but a combination peel has the same efficacy of a 50% peel, with the safety profile of a 35% peel.

Now Im obviously assuming the average IQ of this board is 110, and people can read research of how to properly do this peel.

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Hellobye
Newbie

Posts: 23
Threads: 1
Joined: Mar 2018
Reputation: **27**

03-07-2018, 02:41 AM (This post was last modified: 03-07-2018, 02:45 AM by Hellobye.) #5

> **Pinhead Wrote:** (03-07-2018, 02:38 AM)
>
> > **Hellobye Wrote:** (03-07-2018, 02:27 AM)
> >
> > This peel, according to ALL literature is a medium and safe peel. It has been reported that tca concentration above 45% can cause damage, but a combination peel has the same efficacy of a 50% peel, with the safety profile of a 35% peel.
> >
> > Now Im obviously assuming the average IQ of this board is 110, and people can read research of how to properly do this peel.
>
> or instead you could use that 110+ IQ to pay a little extra and go to a derm and just get it done ezpz with less risk of complication (it's more complicated than reading how to do it babe)

LOL I do have a derm, where I get fillers/botox.

but cosmetic skin procedures are EXPENSIVE, a procedure which gives the same result as this peel would cost you no less than 2000

I have performed this peel on myself, and the results are unbelievable

Find Reply

Hellobye
Newbie

Posts: 23
Threads: 1
Joined: Mar 2018
Reputation: **27**

03-07-2018, 02:50 AM #6

> **Pinhead Wrote:** (03-07-2018, 02:44 AM)
>
> > **Hellobye Wrote:** (03-07-2018, 02:41 AM)
> >
> > LOL I do have a derm, where I get fillers/botox.
> >
> > but cosmetic skin procedures are EXPENSIVE, ranging from a 2,000 per treatment.
> >
> > I have performed this peel on myself, and the results are ridiculously good.
>
> but TCA peels are like 200 bux mate

the 12.5% ones. This is the most expensive kind, and the best according to literature. To go deeper than this, derms use phenol peels.

The also good thing about this peel is that it is the lightest peel you can do that actually BOOST collagen substantially. no other peel, besides phenol, is able to do this.

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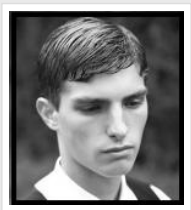

AnorexicNarcy
Mega Super Poster

03-07-2018, 08:21 AM #7

i used 40% at home before and nuked my skin

lasers are safer imo

Posts: 2,693
Threads: 504
Joined: Jan 2018
Reputation: **864**

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Change
Senior Member

Posts: 506
Threads: 76
Joined: Aug 2017
Reputation: **531**

03-07-2018, 12:45 PM **#8**

Interesting, thanks for posting

I guess i am too low-inhib to try it and instead stay with retin-a (where i don't notice any results but it has a bigger track record here, hmm)

Help me out with morphs here :)

Find

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Hellobye
Newbie

Posts: 23
Threads: 1
Joined: Mar 2018
Reputation: **27**

03-07-2018, 09:44 PM **#9**

> **AnorexicNarcy Wrote:** (03-07-2018, 08:21 AM)
>
> i used 40% at home before and nuked my skin
>
> lasers are safer imo

Was it your first peel, and did you multilayer? Usually you have to do lighter peels first, in order for your skin to get accustomed to it.

but usually this is why no dermatologist goes above 35%. Glycolic/jessner+35TCA, is the maximum you can go, while still being safe.

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solidus
Senior Member

Posts: 980
Threads: 20
Joined: Jul 2015
Reputation: **219**

03-07-2018, 11:52 PM **#10**

> **Hellobye Wrote:** (03-07-2018, 09:44 PM)
>
> > **AnorexicNarcy Wrote:** (03-07-2018, 08:21 AM)
> >
> > i used 40% at home before and nuked my skin
> >
> > lasers are safer imo
>
> Was it your first peel, and did you multilayer? Usually you have to do lighter peels first, in order for your skin to get accustomed to it.
>
> but usually this is why no dermatologist goes above 35%. Glycolic/jessner+35TCA, is the maximum you can go, while still being safe.

whats your opinion on dermaneedling

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Hellobye
Newbie

Posts: 23
Threads: 1
Joined: Mar 2018
Reputation: **27**

03-08-2018, 12:02 AM **#11**

> **solidus Wrote:** (03-07-2018, 11:52 PM)
>
> > **Hellobye Wrote:** (03-07-2018, 09:44 PM)
> >
> > Was it your first peel, and did you multilayer? Usually you have to do lighter peels first, in order for your skin to get accustomed to it.
> >
> > but usually this is why no dermatologist goes above 35%. Glycolic/jessner+35TCA, is the maximum you can go, while still being safe.
>
> whats your opinion on dermaneedling

One of the best things for anti aging.

But standard derma rollers, derma pen won't do shit, or will do shit in a long time (decades).

At home devices make a minimum difference, and are not sophisticated enough to warrant using them.

Buying the actual good derma devices such as the infini RF cost around 20,000-40,000.

I would recommend going to derma for these.

Find Reply

rochefort6
AidsIsntFunnyDawg

Posts: 1,543
Threads: 111
Joined: Jan 2018
Reputation: **1,691**

03-08-2018, 10:41 AM **#12**

Can you link the ones from AMAZON that you suggest?

> **undisputed Wrote:** (12-22-2018, 04:58 PM)
>
> my skull is about the same size as 6 year old girls, I look ridiculous with my tiny subhuman skull.

> **undisputed Wrote:** (12-13-2018, 07:58 PM)
>
> even if I was 6'5" with a 10/10 face and 10/10 body, it wouldn't matter. small penis = death

> **undisputed Wrote:** (12-12-2018, 03:51 PM)
>
> a dude asks me "you have a girlfriend?" I say "no" then they ask "why"
>
> what's the point in asking an utter subhuman this question.

> **undisputed Wrote:** (12-10-2018, 03:20 PM)
>
> **the truth is I'm not a virgin, but I've only had sex with escorts. It looks weird coming from a subhuman like me**

> **undisputed Wrote:** (11-12-2018, 04:06 PM)
>
> **ugly asymmetrical face, tiny skull, skinny-fat, 5'9 height (175cm), small frame, small hands, 5 inch penis (13cm), hairy ass, wide hips**
>
> **it's literally unbelievable. I have so many fucking flaws**

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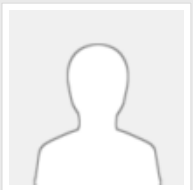

03-08-2018, 11:06 AM (This post was last modified: 03-08-2018, 11:16 AM by Hellobye.) **#13**

> **rochefort6 Wrote:** (03-08-2018, 10:41 AM)
>
> Can you link the ones from AMAZON that you suggest?

Hellobye
Newbie

Posts: 23
Threads: 1
Joined: Mar 2018
Reputation: **27**

amazon.com/Trichloroacetic-Acid-Medical-Grade-Level/dp/B0061R8SNC/ref=sr_1_21_s_it?s=beauty&ie=UTF8&qid=1520507056&sr=1-21&keywords=tca+peel

amazon.com/Emma-Cardinelli-Glycolic-Acid-Chemical/dp/B01MR40QRI/ref=sr_1_4_s_it?s=beauty&ie=UTF8&qid=1520507101&sr=1-4&keywords=glycolic+peel+60

I recommend starting off with 25% and working up to 35.

Find Reply

smalldicknigga69
Newbie

Posts: 3
Threads: 1
Joined: Jan 2018
Reputation: **0**

03-09-2018, 07:00 AM **#14**

what about eye area? my eye area is dark and awful looking from lack of sleep (which due to my lifestyle i cant fix)

Find Reply

SmartyPants
Member

Posts: 74
Threads: 0
Joined: Sep 2017
Reputation: **355**

03-09-2018, 07:53 AM **#15**

> **Hellobye Wrote:** (03-08-2018, 12:02 AM)
>
> > **solidus Wrote:** (03-07-2018, 11:52 PM)
> >
> > whats your opinion on dermaneedling
>
> One of the best things for anti aging.
>
> But standard derma rollers, derma pen won't do shit, or will do shit in a long time (decades).
>
> At home devices make a minimum difference, and are not sophisticated enough to warrant using them.
>
> Buying the actual good derma devices such as the infini RF cost around 20,000-40,000.
>
> I would recommend going to derma for these.

Thoughts on the derminator? It's a dermapen-style dermaneedling device, but it seems legit for home use? I need something to use once a week for my hairline too, can't go to a derma that much tbh

Hoping a radio frequency device like Tripollar Stop and a derminator will effectively mimic the effects of this infini RF tbh

Also that link you posted at the bottom of your first post was quite informative about this whole process ngl I have renewed hopes for reattaining glass skin now

Find Reply

Hellobye
Newbie

03-09-2018, 07:49 PM (This post was last modified: 03-09-2018, 07:52 PM by Hellobye.) **#16**

> **SmartyPants Wrote:** (03-09-2018, 07:53 AM)
>
> > **Hellobye Wrote:** (03-08-2018, 12:02 AM)
> >
> > One of the best things for anti aging.
> >
> > But standard derma rollers, derma pen won't do shit, or will do shit in a long time (decades).

Posts: 23
Threads: 1
Joined: Mar 2018
Reputation: **27**

> At home devices make a minimum difference, and are not sophisticated enough to warrant using them.
>
> Buying the actual good derma devices such as the infini RF cost around 20,000-40,000.
>
> I would recommend going to derma for these.

Thoughts on the ? It's a dermapen-style dermaneedling device, but it seems legit for home use? I need something to use once a week for my hairline too, can't go to a derma that much tbh

Hoping a radio frequency device like Tripollar Stop and a derminator will effectively mimic the effects of this infini RF tbh

Also that link you posted at the bottom of your first post was quite informative about this whole process ngl I have renewed hopes for reattaining glass skin now

Dude, look at the site. An old lady, not even trained in dermatology made this device. LOL. She doesn't have a MD or PhD. There are no studies on this device. Don't buy.

Other legit ways to boost collagen is either retin A, Hyalrunic acid/vit C, as well as sunscreen.

> **smalldicknigga69 Wrote:** (03-09-2018, 07:00 AM)
>
> what about eye area? my eye area is dark and awful looking from lack of sleep (which due to my lifestyle i cant fix)

Great for eye area. Usually phenol peels are used but this a great substitute. Use a Qtip

Find Reply

Hellobye
Newbie

Posts: 23
Threads: 1
Joined: Mar 2018
Reputation: **27**

03-23-2018, 10:21 PM (This post was last modified: 03-23-2018, 10:23 PM by Hellobye.) **#17**

Additional info:

Using Retin A 1 month before the peel makes it deeper, but stop 1 week before.

Don't use the peel if you're on accutane.

this will get rid of fine lines and even deep wrinkles if done consistently

If done every 3 months, you will look a lot younger than your peers when you're in your 30s and onwards.

Dont use this peel if you have active acne

Use glycolic peels are maintenance peels between this peel.

If you guys want, I can also do research on doing a phenol peel. But it requires substantial research and only high Iq peopel should try it, LOL

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5shots2thef4ce
Member

Posts: 77
Threads: 16
Joined: Oct 2017
Reputation: **-49**

05-09-2018, 03:53 PM **#18**

anyone tried this and wanna report? im skeptical to try

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Hellobye
Newbie

Posts: 23
Threads: 1
Joined: Mar 2018
Reputation: **27**

Find

05-09-2018, 11:24 PM **#19**

> **5shots2thef4ce Wrote:** (05-09-2018, 03:53 PM)
> anyone tried this and wanna report? im skeptical to try

LOL again, you dont have to do the full strength all at once. First try just 25%. Than after a month try 35%. Than after 2 months try glylcolic+35%.

Reply

5shots2thef4ce
Member

Posts: 77
Threads: 16
Joined: Oct 2017
Reputation: **-49**

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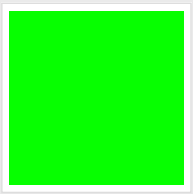
05-14-2018, 07:04 AM **#20**

> **Hellobye Wrote:** (05-09-2018, 11:24 PM)
> > **5shots2thef4ce Wrote:** (05-09-2018, 03:53 PM)
> > anyone tried this and wanna report? im skeptical to try
>
> LOL again, you dont have to do the full strength all at once. First try just 25%. Than after a month try 35%. Than after 2 months try glylcolic+35%.

lol dude i know this is high inhib but im nervous to try

what if i fuck up

Reply



Lonamiam
Member

Posts: 215
Threads: 48
Joined: Feb 2018
Reputation: **20**

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04-16-2019, 01:26 AM **#21**

bumpi bump

List of non-toxic and physical sunscreens (SPF 50+)

Reply

MadMong
Member

Posts: 60
Threads: 1
Joined: Feb 2019
Reputation: **1,037**

04-16-2019, 12:50 PM **#22**

Quality thread

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SongBird
Member

Posts: 55
Threads: 3
Joined: Oct 2018
Reputation: **-100**

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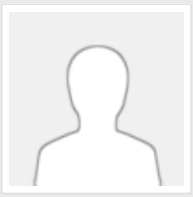
04-16-2019, 04:30 PM **#23**

>TCA solution
>Glycolic solution
yes, that helps me so much

Reply



Trump2020
Super Poster

Posts: 1,627
Threads: 401
Joined: May 2017
Reputation: **607**

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04-21-2019, 04:54 AM **#24**

I tried this once. A couple things to consider: 1)your face will be a thick black scab for one week, minimum. You will not be able to leave the house and seeing your face like that has psychological ramifications, 2)the pain of the peel is not like anything you have experienced. It is not a pain that you can just clench and grit through, it is something that goes through your nerves and nervous system, think getting your teeth drilled.

Looksmaxing:
Neck Training Thread - Consensus on Mewing - Nordic Looksmaxing

Various:
Personality Restructuring Log - Before you brag about slaying a sub-7 white woman off of Tinder, click here

Reply

~~Asta~~
BROWN PRINCE

Posts: 847
Threads: 74
Joined: May 2019

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06-09-2019, 02:46 AM **#25**

i am thinking about doin this

Reply

Linoob
Senior Member

Posts: 905
Threads: 81
Joined: Sep 2017
Reputation: **2,086**

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09-01-2019, 05:25 AM **#26**

Bump.

Is this routine compatible with sun exposure / tanning?

No point being youthful looking and full of collagen if I look like a fucking ghost

Reply

Stereo
Monster Poster

Posts: 6,558
Threads: 145
Joined: Oct 2017
Reputation: **5,003**

09-01-2019, 05:46 AM **#27**

mk677 boosts collagen and you don't have to cancel work for 2 weeks to live in basement

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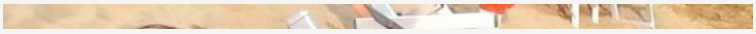
patreon.com/stereocel

3HR1AgtDi8KdF7sH4cjUoXHuhuGYLo1hK1



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